

RT® News

A magazine on Neuro Linguistic Programming in Education
No 113 November 20 2010

Hello teachers,

We have been busy over the last few months **studying** and **researching** different aspects of our work and education. This taking time out from our routines, such as it is possible in today's busy world, is vital to get a sense of where we are and of the bigger picture relating to teaching and learning in today's world.

There is little doubt that many people are not very satisfied with many of the different forms of schooling in the world today and there is a growing feeling that changes are necessary.

What these changes are, how they are made, who should be involved and many other issues will be discussed and commented on by us in this and other forums over the next months.

NLP teaches us that if we always do the same thing, we will get the same result, so one way to become more satisfied with the way we or our children are being educated is to start experimenting with alternatives. These can be small experiments at first to see what happens. They can start in **our own classrooms**. It seems that the time has come for us teachers to become **more proactive** in our work, to facilitate smarter, more effective learning and to help students acquire the skills they will need for the future. As the present models of education are largely orientated to past models of society, schools today are finding it hard to respond to the students they have and to the wishes of employers.

We at **RT** know this because we are aware that change is constant and no two people, two classrooms or two schools are the same. This does not mean that we cannot help to educate two people to a similar level, simply that each person will follow their own process in getting there.

That is one of the **key elements** of learning that is part of a **new paradigm** of **education** that we and many others around the world today are helping to grow from bottom up.

Finally, **congratulations** to the following students who recently successfully completed their evaluations for the **Master Practitioner** and **Practitioner** courses.

New Master Practitioners are: Isabel Traverso, Mariana Ini, Mercedes Real, Romina Lipari
Practitioner: Alejandra Lencina (from Corrientes)

Well done and a big hug to you all!

Until next time,

Laura and Jamie

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1. Training in NLP – the Resourceful Teaching Way
 2. RT Week 2011
 3. Calendar of activities for 2011

4. Workshops and coaching

5. Subscribing/Unsubscribing to our e-zines in English and Spanish and an invitation to visit

1. Training in NLP – the Resourceful Teaching Way. Our role in the new paradigm.

Over 12 years ago, we (Laura Szmuch and Jamie Duncan) began offering training in Neuro Linguistic Programming (NLP) to teachers of English.

We developed varied and interesting courses and workshops including the 130-hour **Practitioner in NLP applied to Education**. This course presents the main topic areas of NLP together with the practical application of these to the classroom. Alongside this, we also cover such aspects of education as: *motivation, setting and reaching objectives, discipline, the elements of effective learning, communication with students (and parents), conflict resolution, multisensory presentations* and much, much more.

During this period, we have seen our students, who are also our friends and colleagues, grow and develop both in their personal and professional lives and pass on this knowledge in turn to their students and colleagues.

It is with great pride and pleasure that we watch how NLP has become a part of many teacher training programmes and how it is now present in sessions at educational conferences, on training courses and in the Methodology and Didactics syllabi of Teachers' Colleges.

As we continued to grow and become better known, we also began to give **training in Spanish** to teachers of different subjects and areas; as well as to a **variety of professionals** in other fields who were interested in learning more about the novel work we were doing. What started as our dedicated, loving and intensive work with small groups of teachers grew and spread throughout Argentina and to other countries. We have long lost count of the number of people we have given training to in Argentina or abroad, be it through full-length courses, workshops, seminars, conference presentations or online training.

We are deeply committed to **quality in education** with the **professional development** of the individual in both her mind and her practice. We are convinced that **all of us together** can bring about changes and improvements in our field. We believe that education at all its levels will not really change and improve by imposing modifications from above, determined by the Ministry of Education or similar authorities. Education will change as a result of the **internal reflective processes** of teachers combined with their training in their subject areas. This reflection responds to the teacher's need to find ways to help the students to learn more effectively and efficiently.

Quality of education and **quality of life** go hand in hand. Therefore, caring for the teacher at a physical, psychological, emotional and spiritual level is essential. A teacher who is centred and well-prepared internally is the basis for all educational change, whether it be at primary, secondary or university level or in training at the workplace. We know that the networks of support and encouragement we have been generating have assisted many people in the inevitable moments of crisis that today's world presents us with.

Teachers, like many other professionals today, face constant challenges. Some manage to find strength in the practice of their profession, while others unfortunately succumb to a sense of resignation, apathy, frustration or impotence. The tools that NLP offer us together with all

the other processes and techniques we have developed in **Resourceful Teaching** have empowered many people and it is our most sincere wish that this continue to happen.

We are pioneers and leaders in the training of NLP in the field of education and we say this with immense pleasure, satisfaction, humility, and with the conviction that this is a part of our vocation. We are happy that all the time, energy and effort we have put into our project has seen the students we have taught blossom and thrive in their work and lives.

We are always developing new trainings and sessions for learning. In **February 2011**, we offer our next series of **workshops in English** for teachers called the **RT Week**. These 8 all-new workshops, which blend the concepts of NLP with aspects of teaching today are guaranteed to give you masses of ideas for the new academic year, an opportunity to reflect and recharge your batteries in a warm, welcoming environment. Concurrently, we offer an intensive course of 6 modules of NLP in Spanish for those who would like to begin training intensively in Neuro Linguistic Programming.

These courses are a great opportunity to load up with resources and motivation for the school year. We hope to see you in February in Versailles, one of the most picturesque neighbourhoods in Buenos Aires.

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2. RT Week 2011

RT WEEK 2011

February 07 - 10

Resourceful Teaching workshops for teachers
Pioneers in training with NLP in Education

Giving you ideas and a space to reflect, develop, grow and thrive in the classroom!

Workshop programme

RT WEEK 2011	Monday 07 February	Tuesday 08 February	Wednesday 09 February	Thursday 10 February
9 to 12	Teaching the students of today	Irony or Coincidence?	Learning English with GANAS	Is it all about LOVE after all?? Or isn't it?
	Lunch	Lunch	Lunch	Lunch

14 to 17	Memory and learning	Creative Writing for YOU	A Passionfruit Smoothie	Outside the box!
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Workshop details

Monday 7 Feb am	Teaching the students of today	The profile of students today, particularly teenagers and children has changed considerably from those of a few years back. What are their common characteristics and how do these affect their learning? What do we teachers need to bear in mind to help facilitate successful study
Monday 7 Feb pm	Memory and learning	Learning depends mostly on a well trained memory. How do you help your students <u>encode</u> , <u>store</u> , and later <u>retrieve</u> what you have taught them? Drawing from the latest investigations in the fields of Neuroscience and Cognitive Psychology, in this workshop we will work with some very effective techniques to enhance your students' learning processes.
Tuesday 8 Feb am	Irony or Coincidence?	In this session we will explore the fascinating world of synonyms, words that look alike or words that are often confused. Discover the subtleties of meaning and usage in these vocabulary items.
Tuesday 8 Feb pm	Creative Writing for YOU	<i>Is your own writing limited to the marking of students' compositions? Or maybe the projects for your academic training? When was the last time you really enjoyed writing creatively for yourself, in English?</i> In this workshop, you will have the chance to flow as a writer and you will learn wonderful techniques to help your students in their own creative writing.
Wednesday 9 Feb am	Learning English with GANAS	<i>NLP techniques to help your students come to class with GANAS, learn English, and enjoy the process.</i> In this workshop we will address some of the biggest challenges teachers face on a daily basis: how to reach all students, respect their learning styles, make learning memorable and set stimulating goals. There will be some theoretical input plus activities and reflection.
Wednesday 9 Feb pm	A Passionfruit Smoothie	This practical workshop blends a variety of language activities and exercises with students' own interests and passions to create new ways of learning and practising language. Fun and ideas for students to express their individuality and yet still be part of the group.

Thursday 10 Feb am	Is it all about LOVE after all?? Or isn't it?	Why are you a teacher? What made you choose to pursue this profession? What makes you stay? Where do you derive satisfaction from? What are your rewards? These questions and many more will be a part of this reflection session, in which we will try to determine how your motivation to teach can be developed, nurtured and, above all, cherished and treasured.
Thursday 10 Feb pm	Outside the box!	Often, learning takes place in unexpected ways and yet we usually present and practise language in a linear fashion. Without losing the benefits of that method, how can we expand the approaches to learning in our classes? In this session, you will work with different activities, texts and tools to help students reach understanding and acquisition using all their intelligences.

Enrolment

Each workshop lasts three hours. AM: 9.00 - 12.00 PM: 14.00 - 17.00.
Venue: Gallardo 719, Versailles, Capital Federal.

Please enrol by by e-mail:

jamiarg@gmail.com or laurasmuch@gmail.com

or by phoning (005411) 4641-9068

There are limited vacancies per workshop. Enrolment is only guaranteed by payment of fee.

Fee Schedule: NB: Prices in Argentine pesos

Resourceful Teaching Week 2011	Fees	Discount before December 10	Enrolment before December 30
Each workshop	\$80	\$60	\$70
The whole week (8 workshops)	\$550	\$380	\$460
Current RT Practitioner	\$200	\$140	\$170

or Master Practitioner students			
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Special Discounts:

Five people enrolling together are eligible for a discount of 10% on the whole week
Students currently enrolled in Teacher Training College \$30 per workshop

Note: Fees are not refundable but can be transferred to another course or to another student where applicable.

3. Curso de Programación Neurolingüística Feb. 2011

Resourceful Teaching, Laura Szmuch y Jamie Duncan diseñaron hace mas de 12 años los primeros cursos de PNL (Programación Neurolingüística) para docentes y han capacitado desde entonces a cientos de profesores de todo el país y del exterior.

El curso intensivo comprenderá los módulos 1 a 6, y se dictará los días **7 a 12 de febrero** de 2011. El curso equivale a los primeros seis módulos del curso **Practitioner en PNL**, con el programa especialmente diseñado por **Resourceful Teaching**, especialistas en la PNL y la Educación. El resto del curso del Practitioner puede ser cursado durante el año, una vez por mes.

Módulos y temas a cubrir:

1. Conociéndonos más y mejorando nuestra comunicación
2. Canales sensoriales
3. Lenguaje preciso
4. Anclajes
5. Descubriendo los recursos internos
6. Concientizándonos de los mundos internos de nuestros alumnos y respondiendo a sus programas mentales.

Aranceles y formas de pago

El arancel de cada módulo en forma individual: \$280

El curso completo (los seis módulos): \$1500

Si abonan con anticipación, los participantes tendrán los siguientes beneficios:

Opción 1:

En un solo pago:

Hasta el 30 de diciembre: \$1300

Hasta el 15 de enero: \$1400

Hasta el 30 de enero: \$1500

Descuentos especiales:

Cinco personas que se anotan juntas tienen un descuento del 10 % por la semana completa

- Se les entregarán a los participantes cuadernillos de trabajo.
- Está incluido el refrigerio del recreo de media mañana y de la tarde (café, té, mate cocido, etc., y bocaditos dulces y/o salados).
- Nota especial

En caso de cancelación de la inscripción NO se devolverá el dinero, pero se lo dejará como pago en futuras capacitaciones.

Docentes a cargo del curso:

Laura Szmuch – Jamie Duncan

¿Qué es la PNL?

La Programación Neurolingüística es una serie de principios, actitudes y técnicas que nos permiten lograr el máximo de nuestras potencialidades. La PNL describe la dinámica entre la mente (neuro), el lenguaje (lingüística) y cómo ellos influyen en nuestras decisiones y conductas. Comenzó en Estados Unidos en la década del 70 con Bandler y Grinder quienes exploraron cómo modelar excelencia en el campo terapéutico.

La PNL está siendo utilizada actualmente como entrenamiento de habilidades comunicativas en las empresas con maravillosos resultados. También en el campo del deporte y salud.

Aplicada a la educación, es una herramienta espectacular para que el aprendizaje fluya en forma natural, y también en casos donde ciertos bloqueos emocionales o intelectuales impiden el normal desarrollo del proceso de aprendizaje. La utilización de las técnicas de PNL aceleran el logro de objetivos, ayudando a los alumnos a alcanzar metas que ellos mismos fijan en forma altamente eficaz.

Los resultados de la aplicación de la PNL a las clases son espectaculares, ya que combinan el trabajo del docente que sabe cómo aprende cada persona en particular y adapta su metodología de acuerdo a esto, con un alto nivel de motivación por parte del alumno. De esta manera se intensifica la capacidad innata que tenemos TODOS los seres humanos de aprender cosas nuevas, y, sobre todo,

¡disfrutar el proceso!

(adaptado del libro: Apreniendo inglés y disfrutando el proceso de Laura Szmuch, Ed. Dunken)

Para inscribirte o para más información: lauraszmuch@gmail.com

4. Calendar of Activities 2010

We are publishing below a list of the main events for Resourceful Teaching for the next few months. As each date gets closer we will give you more information and we will of course be updating the calendar with new dates as they arise.

Feb 7-10 2011 RT Week 2011, Buenos Aires, Argentina

Feb 7-12 2011 Curso en PNL, Buenos Aires, Argentina

5. Workshops and Coaching

If you would like a **workshop** or **training** in your city or town, please contact us soon as we have only a few dates available on weekends each year.

We can offer you workshops as listed in the website www.resourcefulteaching.com.ar or design something especially for your needs. In English and in Spanish. Please contact jamie@resourcefulteaching.com.ar or lauraszmuch@gmail.com if you are interested.

Laura is also available for **Coaching**. If you wish to advance in your career or personal life and wish to design a plan of action to do so, why not have a coaching conversation with her. Contact: lauraszmuch@gmail.com

6. Subscribing/Unsubscribing to our e-zines in English and Spanish and an invitation to visit

To subscribe simply send a mail to: rtnews@resourcefulteaching.com.ar with your name and city stating 'subscribe' in the subject box. To unsubscribe, follow the same procedure but write the word 'unsubscribe'. We only send this e-magazine to those who have expressed the desire to subscribe by the above means.

To subscribe to the Spanish sister e-zine, send a mail to Laura at en.contacto.pnl@gmail.com
NB En contacto has different articles from those which appear in **RT News** and they are about NLP and other associated areas.

Visit our blog [teaching resourcefully – nlp in the classroom](http://teaching-resourcefully-nlp-in-the-classroom)
<http://teaching-resourcefully.blogspot.com/>

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